



BOSSTRAINING

LEADING THE WAY TO SAFETY.

CITB Health & Safety Awareness Training Course



Call us: **01422 358184**

Visit us: **www.bosstraining.co.uk**

CITB Health & Safety Awareness Training Course

This CITB accredited one-day training course in Health and Safety Awareness follows a clearly outlined syllabus with a programme assessed by means of an objective-led, multi-choice style question paper.

Success in the course equates with fundamental occupational health and safety knowledge which is accessible to all employees whatever particular health and safety management system is applicable. It is particularly of use to those delegates employed in, or about to become employed in the construction and civil engineering industry. It is an introduction to the CITB Site Safety Plus range of training courses.

It is essential that staff have a firm grounding in all health and safety procedures and legislation and this course aims to provide what is needed without bogging anyone down in unnecessary jargon. In this way, our course makes the working environment safer for everyone, whether co-workers or members of the public, an essential requirement these days.

Elements of study will include:

- Health and safety responsibilities for individuals and co-workers.
- Construction hazards and how to control them.
- Achieving higher practical standards of on-site safety.
- Legal responsibilities of Health and Safety.
- Safe work at height.
- Fire Safety.
- Manual handling and an understanding of workplace design and ergonomics.
- Occupational safety and health.

Course Duration:

1 Day (6 Hours)

We offer a number of different courses and one or perhaps several will fit your business sector perfectly. If you need something bespoke in the way of Emergency First Aid training courses not listed below, please get in touch to discuss your requirements.

- First Aid at Work
- Renewal of First Aid at Work Certificate Course (This course takes 2/3 days)
- Emergency Aid for Outdoor Pursuits
- Paediatric First Aid (Medic First Aid Validated)
- Sports Medicine (Medic First Aid Validated)

Ask also about UKATA, PASMA & IPAF Courses



Training available
across the UK at your premises



Booking with BOSS could not be simpler...

...Just one phone call and BOSS will take care of the rest.

Or Email: enquiries@bosstraining.co.uk

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