

Health & Safety Policy

Purpose of policy

1 Boss Training takes health and safety seriously and is committed to protecting the health and safety of its staff and all those affected by its business activities and attending its premises. This policy is intended to help the Employer achieve this by clarifying who is responsible for health and safety matters and what their responsibilities are.

2 This is a statement of policy only and does not form part of your contract of employment. This policy may be amended at any time by the Employer at its absolute discretion. The Employer will review this policy at regular intervals to ensure that it is achieving its aims effectively.
Who is responsible for workplace health and safety?

3 Achieving a healthy and safe workplace is a collective task shared between the Employer and staff. This policy and the rules contained in it apply to all staff of the Employer, irrespective of seniority, tenure and working hours, including all employees, directors and officers, consultants and contractors, casual or agency staff, trainees, homeworkers, fixed term staff and any volunteers. Specific responsibilities of staff are set out in the section headed 'Responsibilities of all staff' below.

Employer responsibilities

4 The Employer is responsible for:

- a) Taking reasonable steps to safeguard the health and safety of staff, people affected by the Employers business activities and people visiting its premises.
- b) Identifying health and safety risks and finding ways to manage or overcome them.
- c) Providing a safe and healthy place of work and safe entry and exit arrangements, including during an emergency situation.
- d) Providing and maintaining safe work areas, equipment and systems, and where necessary, appropriate protective clothing.
- e) Providing safe arrangements for the use, handling, storage and transport of articles and substances.
- f) Providing adequate information, instruction, training and supervision to enable all staff to do their work safely to avoid hazards and to contribute positively to their own health and safety at work. The Employer will give you the opportunity to ask questions and advise who best to contact in respect if you are unsure about how to safely carry out your work.
- g) Ensuring any health and safety representatives receive appropriate training to carry out their functions effectively.
- h) Providing a health and safety induction and appropriate safety training to your role.
- i) Promoting effective communication and consultation between the Employer and staff concerning health and safety matters.

- j) If an epidemic or pandemic alert is issued, providing instructions, arrangements and advice to staff as to the organisation of business operations and steps to be taken to minimise the risk of infection.
- k) Regularly monitoring and reviewing the management of health and safety at work, making any necessary changes and bringing those to the attention of all staff.

5 Overall responsibility for health and safety at work lies with the Managing Director Andrew Murphy. Boss Training Limited have appointed Matthew Lloyd as the Health and Safety Officer with day-to-day responsibility for health and safety matters.

6 Any concerns about health and safety matters should be communicated to the Health and Safety Officer.

General staff and sub-contractor responsibilities

17 All staff and sub-contractors must:

- a) Take reasonable care for their own health and safety and that of others who may be affected by their acts or omissions
- b) Co-operate with the Health and Safety Officer and the Employer generally to enable compliance with health and safety duties and requirements
- c) Comply with any health and safety instruction and rules, including instructions on the safe use of equipment
- d) Keep health and safety issues in the front of their minds and take personal responsibility for the health and safety implications of their own acts and omissions.
- e) Keep the workplace tidy and hazard free.
- f) Report all health and safety concerns to the Health and Safety Officer promptly, including any potential risks, hazards or malfunctioning of equipment, however minor or trivial they may seem.
- g) Co-operate with the Employers investigation of any incident or accident which either has led to injury or which, in the Employers opinion, could have led to injury.

Staff and sub-contractor responsibilities relating to equipment

8 All staff and sub-contractors must:

- a) Use equipment as directed, following any instructions given by representatives of management or contained in any written operating manual or instructions for use, and adhering to any relevant training.
- b) Report any fault with, damage to, or concern about any equipment (including health and safety equipment) or its use to the Health and Safety Officer, who is responsible for maintenance and safety of equipment.
- c) Ensure that the health and safety equipment is not interfered with.
- d) Not attempt to repair equipment unless suitably trained and authorised.

Staff and sub-contractor responsibilities relating to accidents, near misses and first aid.

9 All staff and sub-contractors must:

- a) Promptly report any accident at work involving personal injury or near miss, however trivial to one of our first aiders so that details can be recorded in the Accident Book. They must also co-operate with any associated investigation.
- b) Familiarise themselves with the details of first aid facilities and trained first aiders which are contained in the First Aid Procedure document.
- c) If an accident or near miss occurs ask for the duty first aider, giving name, location and brief details of the problem.
- d) The Health and Safety Officer is responsible for investigating any injuries or work-related illnesses, preparing and keeping accident records or near misses, and for submitting reports under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR) where required.

Staff responsibilities relating to national health alerts, including the Coronavirus (Covid-19) pandemic.

10 If an epidemic or pandemic alert is issued, all staff must comply and co-operate with all instructions, arrangements and advice issued by the Employer as to the organisation of business operations and steps to be taken by staff to minimise the risk of infection. Any questions should be referred to the Health and Safety Officer.

11 Staff responsibilities relating to emergency evacuation and fire all staff must:

- a) Familiarise themselves with the instructions about what to do if there is a fire.
- b) Ensure they are aware of the location of fire extinguishers; fire exits and alternative ways of leaving the building in an emergency.
- c) Comply with the instructions of fire wardens if there is a fire, suspected fire or fire alarm (or a practice drill for any of these scenarios).
- d) Co-operate in fire drills and take them seriously (ensuring that any visitors to the building do the same). Fire drills will be held at least once every 12 months.
- e) Ensure that fire exits or fire notices or emergency exit signs are not obstructed or hidden at any time.
- f) Notify the Health and Safety Officer immediately of any circumstances (for example, impaired mobility) which might hinder or delay evacuation in a fire. This will allow the Health and Safety Officer to discuss a personal evacuation plan for you, which will be shared with the fire wardens and colleagues working near to you.

On discovering a fire.

12 All staff and sub-contractors must refer to the Company or clients Fire procedures.

13 The Health and Safety Officer is responsible for ensuring that the fire risk assessments take place, that changes are made where required, and for making sure there are regular checks of fire extinguishers, fire alarms, escape routes, signage and emergency lighting.

Risk assessments and manual handling

14 Risk assessments are essentially a careful examination of what in the workplace could cause harm to people. The Employer will assess any risks and consider measures to best minimise any risk. The Employer will carry out general workplace risk assessments when required or as reasonably requested by staff. Managers must ensure that any necessary risk assessments take place and the resulting recommendations are implemented. The Health and Safety Officer is responsible for workplace assessments and any measures to control risks.

General Health & Safety

15 Personal Protective Equipment (PPE) will be provided where risks cannot be otherwise effectively controlled.

16 All Staff are required to undergo Manual Handling training every 2 years.

17 Staff must follow all hygiene measures which we implement. When appropriate, these may include increased frequency of hand washing, wearing protective clothing, and sanitising work stations and desks.

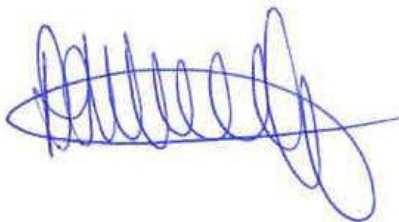
18 We will provide adequate hand washing facilities we expect all staff to use these facilities frequently.

19 We also expect staff to apply good hygiene practices generally, such as covering their mouths or faces when coughing or sneezing and disposing of any waste, such as used tissues or handwipes, responsibly.

Non-compliance with health and safety rules

20 Any breach of health and safety rules or failure to comply with this policy will be taken very seriously and is likely to result in disciplinary action against the offender, in accordance with the Employers Disciplinary policy, up to and including immediate dismissal.

Signed:



Date: 13th January 2025

Andrew Murphy
Managing director
Boss Training Ltd